

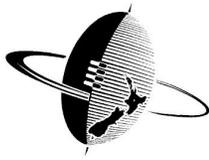
International Rugby Academy

NEW ZEALAND LIMITED

Texas Rugby Union

Programme Proposal

23 August – 2 September 2013



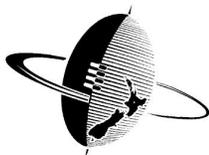
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Background on International Rugby Academy (IRANZ)

The International Rugby Academy of New Zealand (IRANZ) provides inspiration and a high performance avenue for promising players and coaches from throughout New Zealand and around the world. Now into its eleventh year of operation, IRANZ clients include the New Zealand Rugby Union, South African Rugby Union, English Rugby Union, Irish Rugby Union, Australian Rugby Union, Scottish Rugby Union, USA Rugby, Fiji Rugby Union, Korean Rugby Union, the majority of English premiership academies, Japanese company teams as well as New Zealand provincial unions, South African provincial unions & Australian provincial unions.

Our primary focus is providing high performance programmes from short clinics and customised courses through to our standard programmes for Intermediate, Advanced, Development and High Performance players and coaches. Since our inception, players and coaches from 34 different countries have attended IRANZ courses. The IRANZ directors/management board includes former All Blacks Murray Mexted and Sean Fitzpatrick, former IRB and New Zealand Rugby Football Union (NZRFU) Chairman Eddie Tonks and Kevin Roberts, current Worldwide CEO of Saatchi and Saatchi, Chairman of USA Rugby and former NZRU board member.



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Proposal

To: Texas Rugby Union

For: International Rugby Academy Coaching Clinics

Venue: Dallas, Austin, Houston Texas – as outlined below

Numbers: 50 players plus coaches at each clinic

3 IRANZ coaches at each clinic

Dates: **Dallas Texas – 16 hour clinic over three days**

Friday 23 August 2013 Evening Session

Saturday 24 August 2013 Day Session

Sunday 25 August 2013 Day Session

Austin Texas – 16 hours clinic over four days

Monday 26 August 2013 Evening Session

Tuesday 27 August 2013 Evening Session

Wednesday 28 August 2013 Evening Session

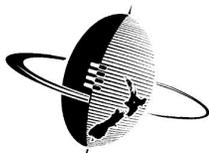
Thursday 29 August 2013 Evening Session

Houston Texas – 16 hour clinic over three days

Friday 30 August 2013 Evening Session

Saturday 31 August 2013 Day Session

Sunday 1 September 2013 Day Session



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IRANZ Coaching Staff:

Murray Mexted – IRANZ Loose Forward Position Specific Specialist, Lineout, Mental Toughness Coach

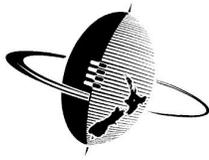
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- All Black Number 8, 72 matches - every All Black Test between 1979 to 1986
- Lived and played rugby in South Africa and France
- Has an extensive club and provincial playing and coaching background
- Former National Sevens' Selector
- Commentator and rugby analyst for Sky TV
- Founder and Managing Director of the International Rugby Academy 2001
- New Zealand Rugby Football Union Staff Coach 1988-1993
- IRANZ Mental Toughness, facilitator and position-specific tutor 2002-2013

Dave Rennie

-
- Waikato Chiefs Super 15 Coach 2012, 2013
- NZ Under 20 Head Coach 2010, 2011
- IRANZ Players Course Facilitator and IRANZ Head Coach since 2003
- Manawatu NPC Coach 2006 - 2011
- Hurricanes Assistant Coach, 2002
- Wellington Lions Head Coach, 2000-2002
- Wellington Lions Assistant Coach, 1999
- Wellington B Coach, 1996-1998
- Played 59 games for Wellington as a midfield back between 1986 and 1991

Jamie Joseph

-
- IRANZ Position Specific coach – Lock/Loose Forward
- IRANZ Specialist Tutor- Team Attack, Defence, Aerial Possession, Contact and the Breakdown
- Maori All Blacks Coach 2011 - current
- Highlanders Head Coach 2011-2013
- Head Coach Wellington ITM Cup Team 2008-10
- Assistant forward coach – Wellington NPC team 2003-2007
- Played for Sannix in Japan from 1995-2000 and represented Japan in the 1999 World Cup
- Played for the World XV in 1996-1997
- All Black from 1992-1995, 40 matches including 20 tests



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Programme Topics

The programme will be confirmed in consultation with the Texas coaching staff. This will be determined by the areas that the team and management want to concentrate on during the time available.

Some suggested modules are:

Team:

- _____
- Game Plan – Patterns of Play
- Continuity and Sequencing
- Team Defence
- Restarts
- Creation of Space
- Contact and the Breakdown
- Team attacking options (based on field position)
- Counter attack
- Game and training analysis

Forwards:

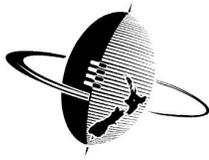
- _____
- Maul
- Restarts
- Lineouts
- Rucks
- Scrums

Backs:

- _____
- Attack
- Defence
- Kicking

Skills:

- _____
- Skill Work, i.e.
- - Vision and Decision Making in a Team Environment
- Basic Pass Progression
- Tackle and Defence Drills
- Skill Analysis



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Please Note:

- Course tutors may change depending on availability. Tutors will be confirmed as soon as booking is confirmed.

PLAYER / COACH COST

Total number of players and coaches at three locations 150

Cost per player and or coach \$125.00 TRU members, \$250.00 non TRU members .

The Academy is open for all division Coaches . It is highly recommended that coaches attend the academy in their area.