

Monique Fosco

My name is Monique Fosco I am the VP of Women for DARC and Captain.

Everyone talks about how rugby and Women's Rugby in particular is fastest growing sport in USA. It is repeated in a lot of different ways but no one talks about why Why is women's rugby growing so much, I believe it's because it empowers women physically and mentally. Here at DARC we are not two separate clubs, we are integrated and empowered to do what's best for the game. I believe that, I have been a player at many clubs but it wasn't until I got here did I feel like I could make a bigger impact. I want to help grow the game at all levels hence why I coach at the North Texas Barbarians MS&HS Girls teams and mentor Plano HS Girls Rugby.

DARC Dames are one of the fastest growing clubs in the state because of this empowering culture, we are inclusive to everyone and all that we ask is to work hard. I love Rugby, it has given more opportunities to go places, see different things and meet new people. But basically it's given me this and I want to help grow the game to make every club better because competition makes us stronger.

Tid bit about me this will be my 7th season playing Rugby and I am a Project Accountant for a large construction firm in Dallas. Hoping To become RRRC Division II Women's Rep and help grow our competition in our area!